



MOUNT ADAMS BUDDHIST TEMPLE AT TROUT LAKE ABBEY

TUYẾT SƠN THIỀN TỰ 雪山禪寺

July 2025

Bonus Edition - Upcoming Events

We've just added new events to our calendar, and we want to share them with you now!

And there's this:

Trout Lake Abbey/Mt. Adams Buddhist Temple is looking for a Full-time housekeeper. More info: <https://www.indeed.com/job/full-time-housekeeper-fe05de5363bc85a9> or <https://www.tlabbey.com/job-opportunities/>.

UPCOMING EVENTS

Volunteer Saturday at the Temple - every Saturday starting at 10:15. No RSVP necessary, just show up and give what time you can!

A Di Đà Phật Buddha Retreat (Vietnamese) - July 18-28 at the Abbey.

□□□□, Amitābha, Amitufo, Amida, Öpakmé. Contact: Ctran0414@gmail.com

Trout Lake Market - July 27, Aug 31, Sept 28 Come have fun and support the local community at the Trout Lake Market at the Trout Lake Grange with local vendors and artists, family activity, music and food from local caterers!

Forest Bathing - Aug 9 in Vancouver, WA. Register here:

<https://mtadamsbuddhisttemple.org/event/forest-bathing-retreat/>

Women's EmPOWERment and Activation Retreat - Aug 7-10 at the Abbey. More info here <https://www.hoodrivervibrantliving.com/abbey>

Öpakmé Retreat (Tibetan) - Aug 21-24 at the Abbey □□□□, Amitābha, Amitufo, Amida, A Di Đà Phật.

<https://mtadamsbuddhisttemple.org/event/opakme-retreat-tibetan/>

Gathering Resilience Yoga Retreat - Sept 4-7 at the Abbey. More info here <https://www.truemovestudio.com/trout-lake-retreat-2025>

Wellness & Yoga Retreat: Rejuvenation! - Sept 12-14 at the Abbey with Laurie Van Cott. Link to sign up here <https://www.gorgeyoga.com/retreatseats>

Fall Buddhist Retreat - Sept 19-21 at the Abbey. More info to come. <https://mtadamsbuddhisttemple.org/event/fall-buddhist-retreat-2/>

Taking Refuge preparation - Sept 13, 20, 27 Online class 3 weeks held @

10:15 after Saturday morning service. No registration necessary. Zoom link:
<https://zoom.us/j/5093952030>

Taking Refuge - Oct 4 In person at the Abbey and Zoom as part of morning service 9:00am.

Yoga retreat with Michele Loew - Oct 3-5 at the Abbey. More info to come!
<https://www.micheleloew.com/retreats>

Men's Consiousness & Ketamine Retreat - Oct 24-28 at the Abbey. Also, **Monthly ketamine-assisted therapy group** [Click here for more information](#)

And mark your calendars, more details to come:

3rd Annual Sangha Retreat - May 29-31 at the Abbey. Registration opens May 1st.

RECURRING SERVICES - Summer 2025 SCHEDULE

all times are Pacific time

**Location: Mt Adams Buddhist
Temple 46 Stoller Rd., Trout Lake
WA**

IN PERSON & ZOOM

[**https://zoom.us/j/5093952030**](https://zoom.us/j/5093952030)



MORNING SERVICE (Monday to Friday)

6:00 AM Chants & Bows, Sutra, Dharma discussion

6:30 AM Check-in

7:00 AM Meditation

EVENING SERVICE (Monday, Wednesday, Friday)

5:30 PM Chants & Bows, Check-in

6:00 PM Meditation

SATURDAY SERVICE

8:30 AM Check in

9:00 AM Chants & Bows, Meditation, Dharma Talk

[**Link to All Temple Zoom Services**](#)

Other Services or Zoom Links:

TUESDAY Sangha + Meditation 12 noon

IN PERSON ONLY

with Thay Kozen

Location: [1412 13th Street, Suite 200. Hood River OR 97031](#)

WEDNESDAY Buddhist Meditation Service 7-8pm

IN PERSON ONLY

with Thay Jeff at Art HqX in Hoquiam WA

For more info email mountainwayzen@yahoo.com

THURSDAY Meditation 8:15-8:45am

IN PERSON ONLY

Being Peace Community Meditation with Emily Martin

at [Machi Yoga in Hood River](#)

no registration necessary

SATURDAY Sangha+Meditation 4:30-6:30pm

IN PERSON & ZOOM

with Trina Truong <https://www.wakeuptogether.org/pnwm>

PNW Meditation 4312 SE Stark St, Portland OR 97215

SUNDAY Sangha + Meditation 8:30am

ZOOM ONLY

with Brother River

Email Brother River at CedarRiverHermitage@gmail.com for link

2nd & 4th WEDNESDAY Thích Nhất Hạnh Study Group 6:30pm

For information about the study group, contact Bonnie at bon2626wit@att.net

LAST SUNDAY OF MONTH Meditation + Dharma Talk 2:00pm

IN PERSON ONLY

with Rev. Scott & Suco Hue Huong

Location: Buu Hung Buddhist Temple 17808 NE 18th St, Vancouver WA

<https://buuhung.com/>

*May the Infinite Light of Wisdom and Compassion so shine within us
that the errors and vanities of self may be dispelled;
so shall we understand the changing nature of existence and awaken into
spiritual peace.*

Mt Adams Buddhist Temple 46 Stoller Rd., Trout Lake WA 98650
509.395.2030 mtadamsbuddhisttemple.org

Mt Adams Buddhist Temple | 46 Stoller Rd. | Trout Lake, WA 98650 US

[Unsubscribe](#) | [Constant Contact Data Notice](#)



Try email marketing for free today!